

NORTHPOINTE HEALTHCARE SYSTEMS BOARD OF DIRECTORS

Regular Monthly Meeting

MINUTES

715 Pyle Drive, Kingsford, MI

July 25, 2013 - 4:00 p.m.

CALL TO ORDER/ROLL CALL:

Karen Raether, Board Chairperson, called the meeting to order at 4:02 p.m. Mary Wendt, Board Secretary, conducted the roll call.

<u>MEMBERS</u>	<u>Present</u>	<u>Excused</u> <u>Absent</u>	<u>Absent</u>	<u>MEMBERS</u>	<u>Present</u>	<u>Excused</u> <u>Absent</u>	<u>Absent</u>
Connors, Peggy		X		Martin, Ann	X		
DeDie, William	X			Negro, Mari	X		
Dehn, Janet	X			Nelson, John		X	
Erickson, Peggy		X		Raether, Karen	X		
Hofer, Millie	X			Spence, Christine	X		
Luhtanen, Joan	X			Zevitz, Michael, Dr.	X		

REPRESENTING ADMINISTRATION: K. Thekan, B. Adrian, T. Wendt, J. Pelc, M. Haavisto, M. Wendt, G. Takala (video tele-conferencing-rtc)

PLEDGE OF ALLEGIANCE - The Pledge of Allegiance to the Flag was recited by all

PUBLIC COMMENTS - No public comments

APPROVAL OF THE CONSENT AGENDA:

(Consent agenda items are being presented for review and action by a single vote without discussion. If a member believes that an item requires discussion, then a request is made to pull that one item from the Consent Agenda and to add it to the regular agenda as an item to be discussed).

- a. Approval of the minutes from the June 27, 2013 regular monthly Board meeting
- b. Finance Committee Meeting Report-7/15/13
- c. Recipient Rights Committee Meeting Report-7/15/13
- d. Planning Committee Meeting Report-7/15/13

ACTION: The consent agenda was amended to remove Injectable Medications from the Finance Committee meeting report and Access to Care from the Planning Committee meeting report to the agenda. Moved to approve the amended consent agenda as presented.

Motion by: C. Spence; supported by J. Luhtanen. **Motion carried unanimously.**

APPROVAL OF THE AGENDA:

(Request for additional agenda items).

The agenda was amended to add Injectable Medications and Access to Care to the agenda.

ACTION: Moved to approve the amended agenda as presented.

Motion by: J. Dehn; supported by C. Spence. **Motion carried unanimously**

INJECTABLE MEDICATIONS

Millie Hofer stated that she wanted to bring to the Board's attention that it is excellent that Northpointe shopped around to find more reasonable costs for injectable medications as this has now turned into a cost savings for Northpointe. Ms. Hofer further stated that she wanted to express her appreciation to Theresa Harvey, Director of Nursing, for her work in this endeavor.

ACCESS TO CARE

Millie Hofer stated that this issue has been put on the NorthCare Advisory Council meeting agenda to discuss at their July 29 meeting and she would like the Board to know about the great concern she has regarding access to care.

Ms. Hofer stated the following: "the present standardized questionnaire that is used to determine access to care is a decision making tree that is used as a tool where the computer spits out the results. It is not a clinical tool otherwise one could not skip over pertinent mental status categories, i.e., affect, eye contact, appearance, body movements, etc. It solely relies on the mentally ill as a historian and the information being provided by the individual is purely per telephone and they are the historian. Every professional knows how fragile the answers of a mentally ill individual can be and a determination based on this alone is questionable. If the DSM is used as a criteria to determine access

to care there needs to be a clinical tool to establish the severity of one's mental illness. How can this process have been going on for so many years when high hospitalization rates for non-Northpointe individuals should have directed the Board and the professionals' attention to the inadequacy to determine the severity of mental illness. People just do not wake up in the morning and have a mental health crisis. Mental illness develops over a long period before it reaches a crisis status. What we have is like a snapshot in time, it doesn't look at the long term ability of how the disease is processing. A snapshot of the mentally ill is done by telephone and it is being determined whether an individual is seriously mentally ill or not." Discussion ensued and miscellaneous questions were addressed by Karen Thekan and Mary Beth Haavisto.

PRESENTATION: Northpointe Emergency Services – Mary Beth Haavisto

Mary Beth Haavisto, Northpointe Utilization Manager, provided and reviewed data on Northpointe hospitalizations over a 6 year period and fiscal year 2012-13 crisis interventions, pre-admission screens, and emergency services. Questions were addressed by Ms. Haavisto.

CEO REPORT

Karen Thekan stated that her July 2013 CEO Report was in Board packets; she provided the following updates and highlights:

State/Federal Activity:

- Senator Debbie Stabenow will be in Marquette on August 14 to conduct a forum with the mental health community and other local leaders on developments regarding federal mental health policy. Ms. Thekan and Ms. Raether will be attending this forum.
- State Representative Ed McBroom will be in Menominee on July 26 and Ms. Thekan will be in attendance at his meeting. Ms. Thekan stated that she will be asking Representative McBroom what has to change in the Medicaid Expansion Bill for him to support it.
- Ms. Thekan attended two meetings this week, via the phone, which she provided information on: the State Quality Improvement Council and the Board Association Leadership Group.

Regional Activity:

- Information was provided on a plan of correction Northpointe will be submitting to NorthCare by August 1 regarding adult recidivism.
- Ms. Thekan will be attending a health insurance exchange forum on August 5 in Marquette.
- Regional meetings have been held with the U.P. community mental health (CMH) agencies and Ms. Thekan provided information that Northpointe and Gogebic CMH's Medicaid will be reduced for the remainder of the fiscal year. Discussion ensued and miscellaneous questions were addressed by Ms. Thekan and Mr. Adrian.

Local Activity:

- Ms. Thekan and Mr. Adrian recently met with Don Simila, CEO of the Upper Great Lakes Family Health Center, to discuss exploring partnerships and possibilities with the Federally Qualified Health Centers as a way to serve more mild-moderate individuals.
- Ms. Thekan recently met with John Hofer, Director of PR/Marketing, at Bay Area Medical Center.
- Information was received on expanding mental health courts in the State of Michigan which has been provided to all three county judges.
- A telephone appointment reminder system was instituted at Northpointe on July 25 to hopefully help with the no-show rate and free up time for the front office staff.
- Fran Mackay and Tracy Finn, Northpointe Peer Support Specialists, have volunteered and been accepted to be on the State Recovery Council.
- There are two Northpointe nurses who will be conducting workshops and training sessions for individuals who would like to participate in a Northpointe sponsored run/walk event on October 4. A flyer on this event was provided for Board information and everyone is welcome to participate in it.
- Ms. Thekan requested a waiver from the State of Michigan to implement a crisis stabilization team in Menominee with a nurse practitioner onsite there and Dr. Razdan supervising the nurse practitioner via telemedicine. At this point in time, the Medicaid standard states that a psychiatrist needs to be on the team and this is why a waiver was requested to use a nurse practitioner. Information has now been received back from the State that the waiver was denied and Ms. Thekan stated that she will further discuss this with Dr. Razdan to see if the crisis stabilization service can maybe still move forward in Menominee.
- Information on consent agendas was provided to Board members for their information only.

Miscellaneous questions were addressed by Ms. Thekan.

NEW BUSINESS – No new business

UNFINISHED BUSINESS – No unfinished business

CHAIRPERSONS REPORT - K. Raether

- The Great Lakes fall conference is scheduled for September 8-10 in Houghton and Board members will need to let Mary Wendt know by the August Board meeting if they will be attending it. Donations are also being accepted for conference door prizes.
- The fall Board Association conference will be held in Mt. Pleasant on October 21-22. Board members should begin thinking if they would like to attend this conference.
- The NorthCare Advisory Council meeting is scheduled for July 29. Ms. Thekan and Ms. Raether will attend the meeting in Marquette and Ms. Negro and Dr. Zevitz will attend the meeting via vtc in Kingsford
- Ms. Thekan's Board CEO evaluation is due by July 31 to Mary Wendt.
- Ms. Raether thanked Mary Wendt for 10 years of being the Board Secretary.

BOARD PREROGATIVE/AMBASSADOR MOMENT

- Bill DeDie stated that the annual NAMI picnic is scheduled for August 1 in Crystal Falls. Information on the picnic will be e-mailed to Board members.

PUBLIC COMMENTS – No public comments.

ADJOURNMENT

Chairperson Raether stated the meeting adjourned. Meeting adjourned at 5:29 p.m.

The next regular monthly Board meeting is scheduled for Thursday, August 29, 2013 in Kingsford, Michigan at 4:00 p.m.

Karen Raether, Chairperson

Peggy Connors, Secretary

Mary Wendt, Board Secretary