

NORTHPOINTE HEALTHCARE SYSTEMS BOARD OF DIRECTORS

Regular Monthly Meeting

MINUTES

715 Pyle Drive, Kingsford, Michigan

November 18, 2010 - 4:00 p.m.

CALL TO ORDER/ROLL CALL:

Joan Luhtanen, Board Vice-Chairperson, called the meeting to order at 4:00 p.m. Mary Wendt, Board Secretary, conducted the roll call.

<u>MEMBERS</u>	<u>Present</u>	<u>Excused</u> <u>Absent</u>	<u>Absent</u>	<u>MEMBERS</u>	<u>Present</u>	<u>Excused</u> <u>Absent</u>	<u>Absent</u>
Connors, Peggy	X			Luhtanen, Joan	X		
DeDie, William	X			Martin, Ann	X		
DeGrave, Marylee	X			Negro, Mari	X		
Farragh, Elizabeth	X			Raether, Karen		X	
Hofer, Millie	X			Plumley, Robert		X	
Lang, Bernie	X			Spence, Christine	X		

REPRESENTING ADMINISTRATION: K. Thekan, B. Adrian, T. Wendt, L. Dionne, M. Wendt

PLEDGE OF ALLEGIANCE - The Pledge of Allegiance to the Flag was recited by all

PUBLIC COMMENTS - No public comments

APPROVAL OF THE AGENDA: There were no additions to the agenda

ACTION: Moved to approve the agenda as presented.

Motion by: M. DeGrave; supported by P. Connors. **Motion carried unanimously**

APPROVAL OF THE MINUTES:

There were no additions or corrections to the minutes from the Regular Board of Directors meeting on October 28, 2010.

ACTION: A motion was made to dispense with reading the minutes from the October 28, 2010 Regular Board of Directors meeting and approve as written.

Motion by: M. DeGrave; supported by E. Farragh. **Motion carried unanimously.**

FINANCE COMMITTEE REPORT - C. Spence

Ms. Spence highlighted the following from the Finance Committee meeting minutes:

1. **ISSUE:** Review Check Disbursement Report

The check disbursement report in the amount of \$1,789,252.73 was reviewed and recommended for Board approval.

ACTION: A motion was made by C. Spence, supported by P. Connors to approve the check disbursement report for bills paid in the amount of \$1,789,252.73 as presented.

ROLL CALL VOTE:

<u>MEMBERS</u>	<u>YES</u>	<u>NO</u>	<u>MEMBERS</u>	<u>YES</u>	<u>NO</u>
Connors, Peggy	X		Luhtanen, Joan	X	
DeDie, William	X		Martin, Ann	X	
DeGrave, Marylee	X		Negro, Mari	X	
Farragh, Elizabeth	X		Raether, Karen		
Hofer, Millie	X		Plumley, Robert		
Lang, Bernie	X		Spence, Christine	X	

Motion carried unanimously.

2. **ISSUE:** Review Financial Reports – Preliminary September 2010 & October 2010

Bill Adrian reviewed the preliminary September 2010 financial report. Mr. Adrian also reviewed the October financial report. Ann Martin stated that the Dickinson County Board recently received a letter from Al St. Peter, who heads Trico, expressing concerns about their contract with Northpointe. Mr. Adrian stated that depending on Northpointe's finances and the number of Northpointe clients and hours attended at Trico a review of their budget contract will be looked at in August 2011. Discussion ensued and questions were addressed by Mr. Adrian.

ACTION: A motion was made by C. Spence, supported by M. Hofer to approve the October financial report.

ROLL CALL VOTE:

<u>MEMBERS</u>	<u>YES</u>	<u>NO</u>	<u>MEMBERS</u>	<u>YES</u>	<u>NO</u>
Connors, Peggy	X		Luhtanen, Joan	X	
DeDie, William	X		Martin, Ann	X	
DeGrave, Marylee	X		Negro, Mari	X	
Farragh, Elizabeth	X		Raether, Karen		
Hofer, Millie	X		Plumley, Robert		
Lang, Bernie	X		Spence, Christine	X	

Motion carried unanimously.

3. ISSUE: Contract(s)/Agreement(s)

#	Name of Contract	Purpose of Contract	Date of Contract	Old Rate	New Rate	Change
a.	Lakestate Industries	Vocational Services	10/1/09 – 9/30/11	n/a	\$9.00/hr	new
This is a new agreement with Lakestate for vocational services. This consumer lives in an AFC in Escanaba and has been attending Lakestate Industries. Prior to this date these services were billed through Pathways and now NBHS will contract for the services direct.						
b.	University of Michigan Hospital	Inpatient Psychiatric Services	10/11/10	n/a	\$850/day	n/a
This is a single case agreement for an individual requiring inpatient care while visiting down state.						
c.	Wakeham AFC	Specialized Residential	1/1/11 – 12/31/11	\$75.79/day	\$77.30/day	Inc of \$1.51
This is a renewal agreement for specialized residential services for 1 consumer. The daily rate is based on resident need.						
d.	Cherith Counseling . LC	Outpatient counseling	11/1/10 – 10/31/11	n/a	\$60/session	n/a
This is a self determination arrangement for one person, through a single case agreement will receive services from Cherith Counseling instead of NBHS.						
e.	Adult Learning Systems	Specialized residential	11/1/10 – 10/31/11	\$185.18	\$196.73	Inc of \$11.55/day
This is a renewal agreement for specialized residential services for one consumer in Marquette. Plans are in motion for the consumer to return to Dickinson County within the month.						
f.	HIS, Inc	Specialized Residential	12/15/10 – 12/14/11	\$150/day & \$300/day	\$150/day & \$300/day	No change
This is a renewal agreement for specialized residential services for Lane St AFC. The daily rate is \$150 for all but one special needs consumer is \$300/day due to 1 to 1 staffing.						
g.	HIS, Ins	Lease Agreement	12/15/10 – 12/14/11	\$350/mo	\$350/mo	No Change
HIS, Inc leases Lane St AFC from NBHS for \$350/mo.						
h.	St Mary's Hospital	Psychiatric Hospitalizations	1/1/11 – 12/31/11	\$1118/day	\$1163/day	Inc of \$45
This is a renewal agreement for inpatient hospitalizations. We now have the ability to complete involuntary admissions with St Mary's. 2010 was the first year we did not petition below the bridge.						
i.	Birchwood AFC	Specialized Residential	1/1/11 – 12/31/11	\$130/day	\$131.60/day	Inc of \$1.60
This is a renewal agreement for specialized residential services for 3 consumers. The daily rate is based on resident need.						
j.	Ihander AFC	Specialized Residential	1/1/11 – 12/31/11	\$100.91/day	\$101.93/day	Inc of \$1.02
This is a renewal agreement for specialized residential services for 2 consumers. The daily rate is based on resident need.						

k.	Kutha AFC	Specialized Residential	1/1/11 – 12/31/11	\$336.45/day	\$343.15/day	Inc of \$6.70
	This is a renewal agreement for specialized residential services for 7 consumers. The daily rate is based on resident need.					
l.	Schlaud AFC	Specialized Residential	1/1/11 – 12/31/11	\$298.84/day	\$306.35/day	Inc of \$7.51
	This is a renewal agreement for specialized residential services for 6 consumers. The daily rate is based on resident need.					

ACTION: A motion was made by C. Spence, supported by M. Negro to approve all contracts as noted above.

ROLL CALL VOTE:

<u>MEMBERS</u>	<u>YES</u>	<u>NO</u>	<u>MEMBERS</u>	<u>YES</u>	<u>NO</u>
Connors, Peggy	X		Luhtanen, Joan	X	
DeDie, William	X		Martin, Ann	X	
DeGrave, Marylee	X		Negro, Mari	X	
Farragh, Elizabeth	X		Raether, Karen		
Hofer, Millie	X		Plumley, Robert		
Lang, Bernie	X		Spence, Christine	X	

Motion carried unanimously.

4. Miscellaneous

- Millie Hofer had questions regarding statements made in an article that was recently in the Menominee Eagle Herald Newspaper. Karen Thekan provided that she was not interviewed personally by the news reporter for this article and information in the article was not accurately reported. The information for this article was obtained through the news reporter who was present at a Menominee County Commissioner meeting that Ms. Thekan and Bill Adrian were in attendance at.
- Chris Spence stated that she asked if there was an update on the General Fund (GF) administrative reduction. Karen Thekan provided the reporting format for the GF reduction had been received and there was a U.P. regional directors' meeting last week to discuss the GF reduction. Northpointe will be looking at their CARF national accreditation expense to make sure the programs that are accredited are Medicaid services as these can be costed out to Medicaid. Ms. Thekan also provided that Mary Beth Haavisto, Utilization Manager, is the hospital liaison and completes discharge planning for consumers and her salary will now be costed out differently as she does do a lot of client work with hospital discharge planning. Also, as the DHS worker works with individuals to sign them up for Medicaid and they are then off of GF this will also count as an administrative reduction. Millie Hofer stated that according to information that was handed out and compared to other community mental health (CMH) agencies that Northpointe has the highest percentage of GF expenses and asked if there were really that many more Northpointe consumers who were covered by GF. Bill Adrian stated approximately 50% of Northpointe consumers are GF and he provided a brief history on why Northpointe did not lose their GF funding compared to other CMH's when GF was changed over to capitation. Miscellaneous questions were addressed by Mr. Adrian.

PERSONNEL COMMITTEE REPORT - P. Connors

Ms. Connors highlighted the following from the Personnel Committee meeting that was held on November 18:

1. **ISSUE:** Human Resources Quarterly Reports

The following reports were reviewed:

- Employee Injury/Accidents - There were 8 employee injuries for the quarter and 0 days of work missed.
- Separated Employees - There were 10 employees for the quarter that left Northpointe employment.
- Wage Increases - There were 54 employees during the quarter that received their annual performance review. Ms. T. Wendt stated that a year to date total pay increase report for the period of 10-1-2009 to 9-30-2010 was also provided for review.

ACTION: Information

2. **ISSUE:** Physician Recruitment

Terri Wendt stated that when physician recruitment is done for a psychiatrist, postings go out to the National Health Services Corp program, the J1 Visa program, the American Psychiatrist Association website, various recruiting firms, the Psychiatry Newsletter, university residency training programs are contacted, and flyers are sent to upcoming graduates in psychiatry residency training programs. Ms. T. Wendt stated that Northpointe was very pleased when Dr. Razdan came back to work at Northpointe this past July as he is a very good psychiatrist and staff person. Dr. Razdan is also providing excellent quality children training to staff which staff find very

valuable. Millie Hofer stated that there is a new psychiatrist in Menominee who goes on a sliding fee scale and she will provide the name of this psychiatrist to Ms. T. Wendt for her information.

ACTION: Information

3. **ISSUE:** Health Insurance

Peggy Connors stated that Northpointe employee health insurance rates are reviewed on an annual basis. Ms. Connors reviewed the proposed 2011 employee health insurance rates and stated that Northpointe is only looking at an approximate 4% increase on its health insurance rate for this year. Miscellaneous questions were addressed by Bill Adrian.

ACTION: A motion was made by P. Connors, supported by C. Spence to approve the proposed 2011 health insurance rates for staff. **Motion carried unanimously.**

CHAIRPERSONS REPORT

Joan Luhtanen asked Board members if they wished to have the traditional Board holiday get-together after the December Board meeting. Karen Thekan stated that an alternative would be if Board members would like a Board presentation scheduled this year instead of the get together after the meeting. Ms. Luhtanen asked for a raise of hands of who would like the get together and by consensus of a show of hands there will be a Board get together after the December Board meeting.

MICHIGAN ASSOCIATION OF COMMUNITY MENTAL HEALTH BOARD (MACMHB) FALL CONFERENCE REPORT

- Mari Negro stated that attended quite a few workshops on healthcare reform which she found very interesting. Ms. Negro further stated that one of the things she walked away with was the huge emphasis on healthcare reform moving away from sick care into a healthcare system. Prevention and early intervention will be a major focus with healthcare reform.
- Millie Hofer stated that she attended a Board member cracker barrel session with the consensus at this session that a big focus will be training for Board members. Board members need to have a vision for the future as there are many new upcoming issues for changes in the mental health system. Ms. Hofer asked Karen Thekan for clarification on voting delegates at Board Association meetings. Discussion ensued and questions were addressed by Ms. Thekan.
- Marylee DeGrave stated that she attended a social security workshop on upcoming social security changes.
- Chris Spence stated that she attended three Boardwork workshops.

PRESENTATION: Children & Depression - Dr. Amit Razdan

Karen Thekan introduced Dr. Amit Razdan, Northpointe's Medical Director, and Board members introduced themselves. Dr. Razdan provided a power point presentation on depression and suicide in children and adolescents. Dr. Razdan also provided information on telemedicine. Questions were addressed by Dr. Razdan.

CEO REPORT

Ms. Thekan stated that her November 2010 CEO report was in Board packets; she provided the following updates and highlights:

Federal/State Activity:

- The main topic of discussion at Board Association committee meetings is the new governor. Several rumors are that Governor-Elect Snyder has already been in discussions with Blue Cross of Michigan in terms of managed care for Medicaid individuals, has a plan to go from 18 state departments down to 3 or 5, and there will be an executive order after the first of the year again cutting GF dollars.

Regional Activity:

- Regional meetings continue to be held on developing a "system of care for children" which is a requirement in the application for renewal and recommitment.
- A few regional U.P. CMH's have had to take dramatic steps in regards to meeting the GF administrative cuts.

Local Activity:

- Bill Adrian and Ms. Thekan recently attended a Menominee County Commissioner meeting to address questions they had about Northpointe's benefits, longevity payment, and the 2% COLA recently given to staff. The newspaper article in the Eagle Herald did not accurately reflect a lot of information but the questions were good that the commissioners had.
- Northpointe staff assisted North Central school students and teachers with the recent suicide of a student that occurred in their area.

- Handouts on Board governance that Millie Hofer presented last month were provided to all Board members for their review. The Planning Committee and full Board will be discussing this information at their December meetings.
- Menominee Board members recently received a letter from two employees that were terminated. The two employees appropriately filed an appeal with Ms. Thekan regarding their termination where more information came to light and were both reinstated back to employment.

OLD BUSINESS

- Approve 2011 Calendar of Board Meeting Dates
Joan Luhtanen asked Board members if they saw any 2011 Board meeting dates that would need to be changed. **ACTION:** A motion was made by P. Connors, supported by M.Negro to approve the 2011 Calendar of Board meeting dates. **Motion carried unanimously.**
- Michigan Community of Mental Health Board Association on Proposed Advocacy Plan
Karen Thekan stated information on the above issue was provided to Board members previously for review and the Board Association is asking for input by the end of November. The Board Association Advocacy Plan will be used for educating the newly elected officials on the community mental health system and why it is an important system to continue funding. Discussion ensued and questions were addressed by Ms. Thekan. **ACTION:** Consensus of Board members is that they support the Board Association Advocacy Plan but not with money.
- Michigan Community of Mental Health Board Association on Positioning Association Members on Healthcare Reform
Karen Thekan stated information on the above issue was provided to Board members previously for review and the Board Association is asking for input by the end of November. The Board Association is asking for agreement on the core elements of healthcare reform but would like input/ideas from CMH Boards on how this will relate to the CMH system in the State of Michigan. Discussion ensued and questions were addressed by Ms. Thekan. **ACTION:** Consensus of Board members is that they are too many unknowns at this point in time to commit one way or the other.

NEW BUSINESS - No new business

BOARD PREROGATIVE

- Bill DeDie stated that the NAMI annual Christmas party is scheduled for December 17 at the Marantha Church and everyone is invited to attend this event.
- Mari Negro stated that everyone is invited to their community old fashion Christmas festival on December 5 from 1:00-5:00 p.m.

PUBLIC COMMENTS – No public comments

ADJOURNMENT

Vice-Chairperson Luhtanen stated the meeting adjourned. Meeting adjourned at 6:27 p.m.

The next regular monthly Board meeting is scheduled for December 16, 2010, in **Kingsford, Michigan beginning at 4:00 p.m.**

Joan Luhtanen, Vice-Chairperson

Peggy Connors, Secretary

Mary Wendt, Board Secretary