

NORTHPOINTE HEALTHCARE SYSTEMS BOARD OF DIRECTORS
Regular Monthly Meeting
MINUTES
715 Pyle Drive, Kingsford, MI
January 31, 2013 - 4:00 p.m.

CALL TO ORDER/ROLL CALL:

Karen Raether, Board Chairperson, called the meeting to order at 4:05p.m. Mary Wendt, Board Secretary, conducted the roll call.

<u>MEMBERS</u>	<u>Present</u>	<u>Excused</u> <u>Absent</u>	<u>Absent</u>	<u>MEMBERS</u>	<u>Present</u>	<u>Excused</u> <u>Absent</u>	<u>Absent</u>
Connors, Peggy		X		Martin, Ann	X		
DeDie, William	X			Negro, Mari	X		
DeGrave, Marylee	X			Nelson, John	X		
Erickson, Peggy	X			Raether, Karen	X		
Hofer, Millie	X			Spence, Christine	X		
Luhtanen, Joan	*X			Zevitz, Michael, Dr.	X		

*(Video Television Conference from the Northpointe Iron River Office)

REPRESENTING ADMINISTRATION: K. Thekan, B. Adrian, T. Wendt, L. Dionne, J. Pelc, M. Wendt
 *G. Takala

PLEDGE OF ALLEGIANCE - The Pledge of Allegiance to the Flag was recited by all

PUBLIC COMMENTS - No public comments

Bill Adrian stated that some Board members received a 1099 form if they earned over \$600.00 from attending committee and Board meetings in 2012. If anyone has questions regarding their 1099 form they can contact Mr. Adrian. Mr. Adrian also stated that December per diem checks were provided to Board members at the January 3, 2013 Board meeting and January per diem checks will be issued to Board members at the February 28, 2013 Board meeting.

Karen Raether stated that Ann Martin has agreed to replace Bernie Lang as the Parliamentarian until new Board committee appointments are made in April.

APPROVAL OF THE AGENDA:

(Request for additional agenda items or for any items contained in the consent agenda to be removed from the consent agenda and placed on the regular agenda for discussion).

The agenda was amended to remove the Wage Increase Report and Northpointe Benefits Information from the Personnel Committee Meeting Report to the agenda.

ACTION: Moved to approve the amended agenda as presented.

Motion by: M. DeGrave; supported by C. Spence. **Motion carried unanimously**

APPROVAL OF THE CONSENT AGENDA:

(Consent agenda items are being presented for review and action by a single vote without discussion. If a member believes that an item requires discussion, then a request is made to pull that one item from the Consent Agenda and to add it to the regular agenda as an item to be discussed).

- a. Approval of the minutes from the January 3, 2013 regular monthly Board meeting
- b. Finance Committee Meeting Report-1/21/13
- c. Recipient Rights Committee Meeting Report-1/21/13
- d. Personnel Committee Meeting Report-1/21/13

The consent agenda was amended to add the Wage Increase Report and Northpointe Benefits Information from the Personnel Committee Report to the agenda.

ACTION: Moved to approve the amended consent agenda as presented.

Motion by: C. Spence; supported by P. Erickson. **Motion carried unanimously.**

PRESENTATION: Health Integration – Wanda Beauchamp

Wanda Beauchamp stated that she is a R.N. at Northpointe, previously worked in outpatient, and now primarily works in the residential setting. Ms. Beauchamp stated that health integration started out as health navigation at Northpointe and the regional community mental health (CMH) agencies are working under a NorthCare grant to implement health integration. There was a regional summit meeting held in November in Marquette to build teams in local areas to incorporate integrated care with primary care physicians, hospitals, health departments, and substance abuse providers. The local team for this area includes Peggy Erickson, Benji Wood, Steve Markham, Karen Thekan, Theresa Harvey, and Ms. Beauchamp. Ms. Beauchamp stated that individuals need to be treated holistically with mental health and physical health together. Ms. Beauchamp also stated that a Northpointe fitness group for individuals has started at the YMCA and meets two days/week for an hour with 10-15 participants in each session, a smoking cessation group is being held every other Wednesday with good participation in this, and a health/wellness group has been incorporated which primarily focuses on dietary and teaches individuals how to make nutritious meals and meets every other week. Ms. Thekan stated Ms. Beauchamp provides a required training for all direct care staff to learn about the importance of physical health/mental health and the integration of these two. Ms. Thekan also stated that part of the NorthCare grant has an on-line curriculum through the University of Massachusetts that Ms. Beauchamp and Theresa Harvey will participate in to receive a special certification on integrated health. Miscellaneous questions were addressed by Ms. Beauchamp and Ms. Thekan.

CEO REPORT

Karen Thekan stated that her January 2013 CEO Report was in Board packets; she provided the following updates and highlights:

State/Federal Activity:

- The Medicaid autism benefit is targeted to go into effect April 1, 2013. Laurie Whear and Ms. Thekan participated in a WebEx on January 30 regarding the autism benefit. The State is still under negotiations on some items with the Centers for Medicare/Medicaid so there are still some unanswered questions. Northpointe is moving forward with getting staff more applied behavior analysis training. The Dual Eligible project, individuals with Medicare and Medicaid, will be phased into four regions within the State of Michigan instead of implementing it state-wide. The U.P. is one of the four regions and what this means for Northpointe is that individuals with Medicare and Medicaid, starting in January 2014, will come to Northpointe for services, including mild-moderate individuals. The Pre-paid Inpatient Health Plan (PIHP), which is NorthCare, will be managing the dollars for dual eligibles. Discussion ensued and miscellaneous questions were addressed by Ms. Thekan.
- Alan Bolter, Associate Director for Michigan Association of Community Mental Health Boards (MACMHB), has offered to present at a Board meeting. Consensus of Board members is to have Mr. Bolter present at a future Board meeting.
- In the past, the State has said that if a region has all of the “Medicaid State Planned Services”, i.e., if a service is available throughout the region, this is good enough. Now the State is saying that each CMH has to have the full range of services, i.e., a Clubhouse program which is psychosocial rehabilitation, etc. Northpointe is in the process of developing a certified Clubhouse program in Menominee as this service has been lacking in Menominee over the last several years. The Clubhouse program serves adults with a serious mental illness and incorporates vocational training, work ordered days, etc. Further information on the program as it develops will be provided to Board members. The other area that Northpointe will have to “beef up” is crisis services which will also be looked in the upcoming year.

Regional Activity:

- There will be a new governance structure for the U.P. regional CMH’s as NorthCare has to reorganize to become a new regional entity as defined in the mental health code. This will go into effect in January 2014 and a memo was received from the Department of Community Health (DCH) that all of the legal pieces have to be in place by July 1, 2013. The by-laws for the new entity have to be approved before July 1, 2013 by all the U.P. CMH’s and filed with county clerks and the Secretary of State. The U.P. CMH directors met last week to begin working on new by-laws and these will be presented to the U.P. CMH Boards and the NorthCare Advisory Council for final input and approval. The biggest item to discuss is the make-up of the Board at the regional entity and two proposals have come to the forefront as how to comprise the new regional entity Board: 1) one individual from each county, which would be a 15 member board, would be appointed by each U.P. CMH or 2) three individuals from each U.P. CMH Board would be appointed which would also be a 15 member board. If there are other models for the make-up of the new entity Board ideas can be shared with Dr. Zevitz, Mari Negro, or Karen Raether as they will be attending the March NorthCare Advisory meeting. The make-up of the new entity Board

will be also be an agenda item for further discussion at the February 28, 2013 Northpointe Board of Director meeting. Discussion ensued and miscellaneous questions were addressed by Ms. Thekan.

Local Activity:

- A master level social worker will be added to the Menominee office due to the increase of individuals qualifying for services there.

WAGE INCREASE REPORT AND NORTHPOINTE BENEFITS INFORMATION

Millie Hofer asked if the employees, who do not receive a pay increase due to being at the top of the pay scale, are included in calculations on the Wage Increase Report. Terri Wendt stated that these employees are pulled out and not included in the calculations as she was asked to change this information to not include them in the calculations. Ms. Hofer stated that longevity is approved for employees and she would consider this a benefit and did not see where that is listed on the Northpointe benefits information. It was clarified that longevity is listed in the benefits information. Ms. Hofer stated that in regards to the top of the pay scale bonus that she would consider this a benefit because it is not reflected under salaries and should be added to the benefits information. Ms. T. Wendt stated that she will add this to benefits information.

NEW BUSINESS

- NorthCare Advisory Committee Meeting Report-1/21/13
Karen Raether stated that the NorthCare Advisory Committee meeting was held on January 21, 2013 and attended by Dr. Zevitz, Mari Negro, Karen Thekan and herself. Ms. Raether highlighted information from the meeting minutes and miscellaneous questions were addressed by Ms. Raether and Karen Thekan.

UNFINISHED BUSINESS

- Approve Northpointe Annual Report Calendar
Karen Raether stated that the Northpointe Annual Report Calendar was provided to Board members in January to review and approve at this Board meeting. Karen Thekan stated that she will be attending all three county commissioner meetings to present and distribute the annual report. Ms. Raether stated that Lisa Dionne does a great job in putting together the annual report calendar.
ACTION: A motion was made by M. Negro, supported by P. Connors to approve the Northpointe Annual Report Calendar. **Motion carried unanimously.**

CHAIRPERSONS REPORT - K. Raether

- The MACMHB winter conference is scheduled for February 11-13 in Lansing. The early bird registration for the conference is February 2 and Board members should let Mary Wendt know by tomorrow if they will be attending the conference.
- A Great Lakes Executive Committee meeting will be held on February 7.
- Annual CMH PAC campaign information from MACMHB was provided to Board members. Karen Raether stated the donations from this campaign are used by lobbyists to get the word out about mental health and is a wonderful cause. Ms. Raether asked Board members to consider making a donation to the PAC campaign.
- Nominations and election of MACMHB officers will be done at the spring conference and are open for nominations. Ms. Raether reviewed the individuals received thus far for officers. The deadline to provide nominations is March 5, 2013 and if anyone has an individual they would like to nominate from the region contact Karen Thekan or send an e-mail directly to Mike Vizena at MACMHB.

BOARD PREROGATIVE/AMBASSADOR MOMENT

- Ann Martin stated that she very much appreciated the tour of the Lighthouse that was provided before the January 3, 2013 Board meeting as it meant a great deal to her and her understanding on what Northpointe is about. Ms. Martin also stated that she has received very positive comments regarding the integration of Lane Street Home in the neighborhood and for the manager of this home. Karen Thekan stated that Ken Fayas is the manager of Lane Street Home and this is a culture of gentleness home that Northpointe developed.
- Ms. Martin stated that the Dickinson County Board approved advertising for Bill DeDie's term which is expiring on March 31, 2013 from the Northpointe Board. Other terms expiring on the Northpointe Board from Menominee County are Mari Negro and Marylee DeGrave. Letters of application should be sent to the county commissioners' office in Dickinson and Menominee Counties.

- Ms. Martin stated that Peggy Connors sent an e-mail regarding taking up a matter at a Personnel Committee meeting. Karen Thekan stated that Ms. Connors sent out her e-mail today and she was not sure if all Board members had a chance to read this e-mail before today's Board meeting. Ms. Thekan stated that Ms. Connors is asking the Personnel Committee to clarify Board role and responsibilities.

PUBLIC COMMENTS- No public comments

ADJOURNMENT

Chairperson Raether stated the meeting adjourned. Meeting adjourned at 5:12 p.m.

The next regular monthly Board meeting is scheduled for **Thursday, February 28, 2013 in Kingsford, Michigan at 4:00 p.m.**

Karen Raether, Chairperson

Peggy Connors, Secretary

Mary Wendt, Board Secretary