

National and International Programs

4-H recognizes that we live in a global community. The best way to promote cooperation is to understand how other people live.

- **WOW: Wonders of Washington** focuses on our American Heritage
- **CWF: Citizenship Washington Focus** explores U.S. government
- **State Exchanges: Menominee Co.** youth have visited Montana, Minnesota, Massachusetts, Missouri and Arkansas.
- **4-H/Japanese Exchange Program.** Michigan has partnered with the Labo organization for over 35 years.
- **4-H/Polish Exchange.** Michigan is working closely with Poland to re-establish 4-H after the fall of communism.
- **Exchanges with Belize, Mexico, Jamaica, Finland and Australia** and many other countries.

4-H Motto: *“To make the best better.”*



In addition to support from the USDA, Michigan State University Extension and Menominee County government, the local 4-H program enjoys the financial support of the Menominee County 4-H Foundation. The Foundation raises funds through the sale of the Menominee County Plat Book and individual donations.

To learn more about how you can be involved in 4-H, please contact:

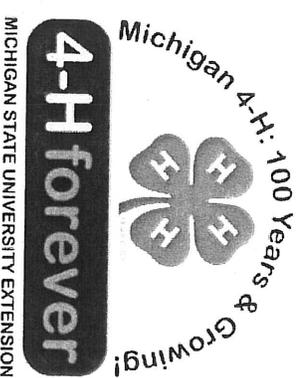
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Menominee County

4-H Youth Programs

At a Glance



4-H Pledge

I pledge

My HEAD to clearer thinking,
My HEART to greater loyalty,
My HANDS to larger service, and
My HEALTH to better living, for
my club, my community, my country
and my world.

What is 4-H?

4-H is the largest youth-serving organization in the United States, with chapters in every county in all 50 states. The goal of 4-H is to help youth develop as individuals and as responsible and productive citizens in their communities.

4-H is the youth branch of the Cooperative Extension System, a partnership between the United States Department of Agriculture, state land-grant universities, and local county governments.

Originally, 4-H was intended to reach rural youth who had few opportunities to participate in positive out-of-school youth activities. Today, 4-H has evolved into a program that involves children ages 5 to 19 who live in cities, suburbs, towns and rural communities.

The goal of 4-H is to provide youth with educational, hands-on learning experiences in a safe and fun setting. They work closely with caring adult volunteers. Children learn specific project skills as well as developing leadership, communication, and citizenship skills and a sense of responsibility.



4-H in Menominee County

In 2007, 1,354 Menominee County children participated in one or more 4-H activity. 132 adult volunteers worked directly with youth as club leaders, workshop instructors or camp counselors.

The 4-H Club

Over 30 clubs involve children in raising animals (sheep, pigs, horses, beef, poultry, goats and rabbits), veterinary science, sewing, cooking, gardening, arts and crafts, and environmental projects.

The 4-H Challenge Club is a non-traditional program that involves teens in outdoor projects such as canoeing, camping, kayaking, backpacking, rock climbing, winter survival skills and First Aid. All clubs complete at least one community service project a year. Clubs such as the Teens Leading Communities (TLC) 4-H Club in the Carney-Nadeau area are completely focused on community service. Dare to Dream Riders Therapeutic Horseback Riding Program addresses the needs of individuals with various disabilities.

School Programs

4-H collaborates with many community partners. 4-H staff and the Menominee Conservation District administrator visit every 5th grade classroom four times a year to deliver a Conservation Education

Program. Every 4th grader receives the Eating Right Is Basic program from MSU Extension staff and Wisconsin Public Service. Other programs are available upon request.

Workshops and Summer Camps

Menominee County youth attend various workshops and camps. Super Saturday attracts up to 200 youth for a day-long event featuring sessions on a wide variety of projects.

Every summer youth attend an overnight 4-H camp at Camp Molinare in Dickinson County. Free transportation is provided. Various day camp programs are offered each summer. They have included Garden Camp, Quilt Camp, Cooking Camp, Outdoor Adventure Camp and Teen Overnights.

Regional and State Events

4-H leaders and teen leaders attend U.P. Leadermete, an annual training and recognition event. Other opportunities include:

- Regional & State Horse Bowl Competition
- Kettunen Center workshops in Tustin, MI
- 4-H Capitol Experience in Lansing
- 4-H Exploration Days at Michigan State University
- U.P. State Fair in Escanaba